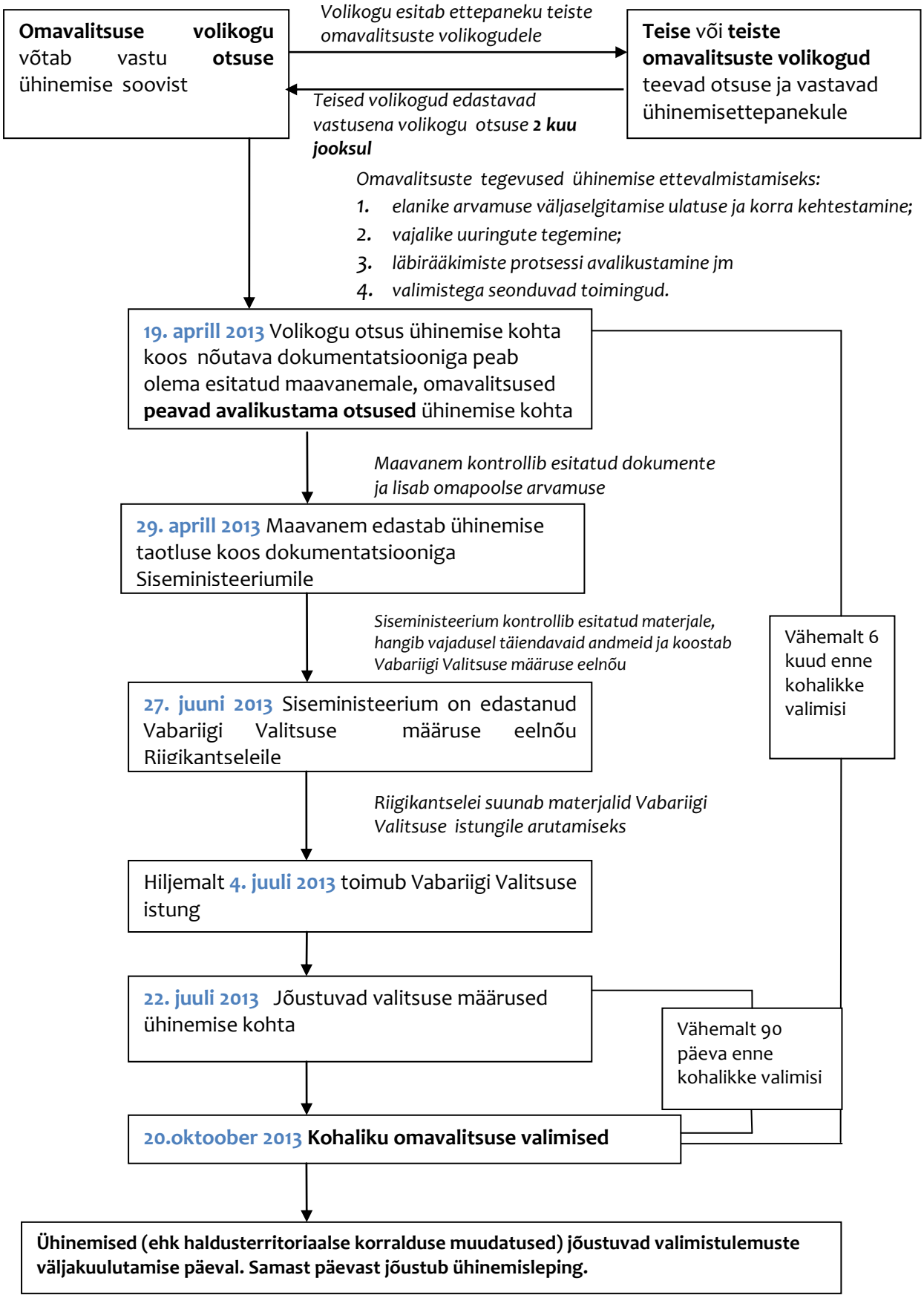Omavalitsuste ühinemise ettevalmistamise ajakava 2013. aastal